

## Positive Alternatives 2015 - 16 Quarterly Update

**Grantee: WOMEN'S LIFE CARE CENTER**

**Goal: To provide necessary services and referrals to pregnant and parenting women of the metro area**

**For the period: July 1 2015-September 30, 2015**

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	Report Count
<b>Administrative Activities</b>	Hire, coordinate and train volunteers; assess staff; perform all grant-related administrative duties; purchase grant incentives and supplies; process financial assistance applications; provide oversight, assistance and guidance to counseling staff		Administrative functions continue to be maintained, fulfilled and further enhanced through the use of a secure client relationship management system and stringent protocols. Director also continues to successfully coordinate staff activities and guidance towards effective maintenance of the center. She also screens applicants for financial assistance and monitors client progress in our education program.	
<b>Car Seat Program</b>	Enroll clients in educational incentive program; provide car seat education; provide certified car seat installation; provide car seat if needed	9	The car seat program continues to be a very important part of our Learn & Earn Program. Clients are engaged in learning and are making good choices about car seat safety.	9
<b>Crib Distribution/ Sleep Safety Education</b>	Enroll clients in educational incentive program; provide Pack-N-Play and Safe Sleep information	9	The Safe Sleep classes offered at our center continue to be an asset to our client. Program participants have acknowledged the importance of safe sleep and are quite receptive to the information we provide. Clients are able to demonstrate proper safe sleep environments for their babies.	27

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<b>Financial Assistance</b>	Provide screening and assistance in completing applications for emergency assistance; provide outside referrals if needed	3	Financial assistance continues to be a very important and standard service offered at the center. Clients seeking financial assistance through our center are also required to participate in our education program so that they can address and plan to overcome their overall financial circumstances.	3
<b>Interpreter Services</b>	Provide interpreter assistance with any program the Center provides	25	We continue to offer interpreting services for Hmong, and Spanish speaking clients to access all grant and center activities.	25
<b>Nutrition</b>	Enroll clients in educational incentive program; assist participants in accessing program's nutrition education	8	Our nutrition education program continues to make an impact through increased awareness and discussions geared towards baby and family health. The part of our program is the first thing each participant learns so that they can make good choices about their nutrition to ensure a healthy pregnancy. Participants also participate in childhood nutrition sessions so they can make proper nutritional choices for their children.	26
<b>Parenting Education</b>	Enroll clients in educational incentive program; assist participants in accessing program's parenting education	8	Our parenting education is an important part of the Learn & Earn Program and it continues to help participants gain an improved understanding of the care required for their children at all stages. Follow up visits confirm that participants are better equipped for parenting roles and enjoy a more fulfilling experience.	38
<b>Pregnancy Education</b>	Enroll clients in educational incentive program; assist participants in accessing program's pregnancy education	8	Our parenting and pregnancy education programs are usually combined to help parents acquire holistic knowledge and skills to enjoy an improved experience. This continues to be a standard and quite successful service.	38

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<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	5	Necessary services offered at the center continue to be an important asset to the community we serve. We typically get most of our necessary service clients from other local agencies' referrals. Also see comments.	3

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	5
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	4
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	15
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	9
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	6
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	21

### Challenges:

**Comments: Provide Necessary Services Assessments**- we only had 3 report counts for this quarter opposed to the projected 5 in our work plan. In the summer months the center is very slow but we believe that this service is vital to our community. When the winter months come in mothers tend to have less resources at their disposal so this services will be an asset to those just needing a onetime assistance.